

## School Nurse



### Nurse Susan Spainhour

RN, BSN

Email: [susan.spainhour@nashville.gov](mailto:susan.spainhour@nashville.gov)

I would like to introduce myself as your school nurse for the 2008-2009 school year. I have been an RN for 30 years, the last ten years as a school nurse. I am married and have a 17 year old son. My role will include:

Perform procedures, Safety Plans, Health Assessment Visits, Referrals to outside agencies, Health Education Activities, Monitoring/administration of medications, immunizations, Health Screenings.

You should not send your child to school if she/he has any of the following:

**Fever:** Temperature above 100° F (taken by mouth).

**Diarrhea:** Any watery stools not contained in under clothes.

**Vomiting:** Throwing up.

**Rash:** Covering entire body.

**When your child has these symptoms they must be kept at home a full 24 hours without symptoms before returning to school.**

If your child has:

**Head Lice:** They must be nit-free before coming back to school.

**Strep Throat:** Students must be on antibiotic therapy for at least 24 hours **and** not have a fever over 99.9 (under 100° F).

**Communicable** If your child has chickenpox, mumps, measles, rash all

**Disease:** over their body, strep throat, or “pink eye,” they have to stay home until you have a note from a health care provider stating your child is not contagious and may return to school.

Signs your child may be getting sick include and may need to stay home include: **Being very tired, coughing, upset stomach, and crankiness.**

### **Current Phone Numbers**

If we think your child is getting sick at school, we will call you. If you cannot be reached, someone on your emergency list will be called. Please be sure that all phone numbers are current.

Children need to feel safe, be healthy, in class and ready to learn. A child who is hungry and thirsty is not ready to learn. A child who cannot see or hear well is not ready to learn. A child

who is worried or sick is not ready to learn. A child with dental disease or pain is not ready to learn. A child excluded for immunization non-compliance is not in school learning.

Susan Spainhour RN, BSN

"Nurse Susan"

Helping you help children stay healthy, stay in school.